

Safe Station Initiative

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Goals

- Connect front line providers (MFD/HEMS) to community based peer recovery services through Twin Cities Recovery Project and UMN
- Low threshold individualized SUD treatment directed toward underserved and predominantly African American communities
- Address stigma in MFD and HEMS through education
- Evidence based approach

Services Offered

- Substance Use
 - Culture specific peer recovery, Comprehensive assessment for CD program, referral for pharmacotherapy
- Psychosocial
 - Housing, vocational support, food, safety, legal
- Medical (non-psychiatric)
 - HIV testing, referral to care (ED, UC, PCP)
- Mental Health
 - Referral to psychiatry/psychotherapy

Process:

Contact

- HEMS/MFD referral post-triage (24/7, 30-minute response)

Initial Needs assessment

- Telephonic/virtual assessment of immediate needs
- Person-centered, driven by recovery capital assessment
- Housing, Naloxone, sobering, stabilization

Connection with MOUD/Clinical

- Immediate, low-threshold care for SUD/ODU
- Rule 25/comp assessment if interested (24-72 hours)

Ongoing peer support to include

- Individual and group peer sessions, housing/voc/MH/social

Evidence-Based Practice

- Data Collection
 - Measure program's effectiveness
 - Impact of peer support/safe station model
 - Impact on stigma within MFD